

Derbyshire Health and Wellbeing Strategy 2012-2015



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Priority Number 1 - Improve health and wellbeing in early years

**Every child fit to learn and to attain the highest
levels of literacy.**



What will we do for children?

- Improve physical and emotional wellbeing in children and babies.
- Focus on early identification of vulnerable children



- Help children to achieve.
- Improve exam results.



Priority Number 2 - Promote healthy lifestyles

This means helping all people to live healthier lives, and reducing harmful effects of *alcohol consumption*, substance misuse, *obesity*, *physical inactivity*, smoking and sexual ill-health.



What will we do to improve healthy lifestyles?

- Help disadvantaged groups



- Work with families and parents to help them make healthy choices.



- Promote sport and active leisure
- Help people who drink too much alcohol.



Priority Number 3 – Emotional and mental health and wellbeing

- **This means helping people to live happy and fulfilled lives and feel good about themselves.**
- **It also means that there should be better access to mental health services.**



What will we do to improve mental health and wellbeing?

- Provide more support for those in distress. To offer treatment to those who need it most: particularly psychological therapies
- To raise awareness
- Promote positive mental wellbeing generally and physical health in those with mental illness



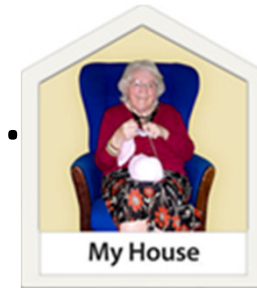
Priority Number 4 – Long term conditions and carers

This means supporting people to keep their independence. Especially people with on-going health issues. We will also look at providing support to carers.



What will we do to help people with long term conditions and their carers?

- Provide care that is personal and local.
- Help people live independent lives.
 - Make use of new technologies



- Provide quality end of life care.
- Help carers to look after themselves as well as those they care for.

Priority Number 5 – Older People

Improving health and wellbeing of older people and promote independence into old age. Focus on integrated working between health, social care, housing and other community services in all sectors



What will we do to help older people?

- Meet the needs of Derbyshire's increasing numbers of older people.



- Make sure that all care organisations provide services that help older people to live how they want to.



- Provide better help for carers.



We asked you... twice!

- Over 200 responses to full strategy, more on priorities.
- 85-90% respondents agreed with actions under each priority.
- Just under half said there should be additional actions.
- Detailed responses from some districts, big providers, clinical commissioning groups and the local pharmaceutical committee.

Some comments received:

- Overall strategy:
 - Contribution of districts, voluntary sector, others
 - “Marmot” and inequalities
 - More locality focus and rurality
 - Links to Derby (from NHS)
 - Will it have any impact or just be more words?

Early years

- Whole family
- Integration of services – came up in all sections
- Enough front line staff
- Teenagers
- Poverty and social exclusion
- Child protection
- Information sharing

Healthy lifestyles

- Preventive agenda
- Importance of secondary care eg. drug and alcohol treatment
- Access to gyms, outdoors, leisure centres
- Targeting to those in greatest need
- Spatial planning and transport
- Sexual health and teenage pregnancy
- Smoking

Mental health and wellbeing

- Accessibility and rurality- came up everywhere
- Secondary care
- Help with everyday activities
- Wider determinants, unemployment
- Benefits of volunteering
- More on prevention
- Training of non specialist staff

Long term conditions and Carers

- Practical support
- Integration
- One stop shops
- Age appropriate services
- Technology must not replace face to face care
- Health and home care joined up
- More on end of life care
- Information sharing

Older people

- Pathways of care
- Housing
- Falls prevention
- Derbyshire helpline needed
- Hearing aids
- Healthy lifestyles and prevention
- 24/7 capacity in health and social care
- More on early identification of dementia and less on housing needs

General

- Broad support recognised
- Some changes have been made:
 - More on Marmot and inequalities,
 - next steps,
 - localities, link to Derby,
 - info sharing,
 - use of outdoors, voluntary sector, pharmacies, nat. alcohol strategy,
 - mental ill-health prevention

Other points

- Some is in the implementation, eg. Integration and locality level work.
- Not everything being done in Derbyshire is in this strategy. Focus vs comprehensiveness. Sometimes it is already there but it isn't in the strategy.
- Resources are finite and stretched.
- Will it be “more words”? That depends on us.

Next Steps

- Revised strategy to go to next health and wellbeing board
- Publication of strategy
- Lead partnerships or agencies identified for themes
- Action planning and monitoring arrangements developed
- Updates to board and stakeholders

Any questions?