

# Derbyshire Health and Wellbeing Strategy 2012 - 2015

We'd like to know what you think about plans which will shape how services to improve health and wellbeing are coordinated and delivered in Derbyshire.

The consultation is open for a 12 week period from **11th June 2012 to 2nd September 2012**.

Copies of this survey are available in GP surgeries and Derbyshire County Council libraries.

You can also complete this questionnaire on-line at:

<https://www.surveymonkey.com/s/HealthStrategy>

Thank you for your help.

**Completed forms can be returned by post to:**

*This is a freepost address.  
No stamp is required.*

**Derbyshire County Council  
BUSINESS REPLY SERVICE DY76  
County Hall  
Matlock  
DE4 3AG**

## INSTRUCTIONS

Each survey form is scanned electronically so it is important to complete your form in the following way:-

Write clearly using BLOCK CAPITALS like this

**J O E B L O G G S**

Use black or blue pen not pencil. Use a cross and please keep the mark in the box

like this  not like this

Ensure your comments are written inside the boxes provided, text outside the boxes will not be picked up when the forms are scanned,

like this  not like this

If you make a mistake, just cross it out and mark the right box like this

If the question or page is not applicable, please leave it BLANK

Please mark one box only for each question unless otherwise stated.

 We will treat all information that you give in the strictest confidence. Your identity will never be revealed.

## Introduction

The County Council has set up the Derbyshire Health and Wellbeing Board as part of the recent reforms under the Health and Social Care Act 2012. The Board is made up of representatives from a range of organisations including local councils, the NHS and patient groups. One of its key tasks is to develop and implement a Health and Wellbeing Strategy to ensure that health and social care services are coordinated and delivered effectively across Derbyshire.

Following a consultation earlier this year, five priority areas have been agreed and a draft Strategy written. We now need your views on whether you feel the content of the Strategy is right and whether you agree with the actions which have been suggested to address the five agreed priority areas.

This final consultation on the draft Strategy is intended for everyone whether they are a resident or represent an organisation. Please take a few minutes to complete the questionnaire as it will help us make sure we respond to what you feel is important and needed for Derbyshire.

The draft Strategy can be viewed:

[http://www.derbyshirepartnership.gov.uk/thematic\\_partnerships/health\\_wellbeing/strategy/](http://www.derbyshirepartnership.gov.uk/thematic_partnerships/health_wellbeing/strategy/)

The full Strategy will be published in the Autumn.

## About you

**Q1. Are you answering this questionnaire as:** *(Please **X** one box only)*

- An individual
- On behalf of an organisation
- Other *(Please **X** and specify)*

**Q2. If you are answering on behalf of an organisation which one do you represent?**

## The Strategy

**Q3. Does Section 1 of the Strategy 'What is the Health and Wellbeing Strategy?' clearly explain that we are trying to achieve? (Please X one box only)**

Yes

No

Don't know

**If you have answered 'No' please tell us how you think it can be improved:**

**Q4. Does Section 2 of the Strategy 'About Derbyshire?' clearly explain the issues for Derbyshire? (Please X one box only)**

Yes

No

Don't know

**If you have answered 'No' please tell us how you think it can be improved:**

**Q5. Is the format and layout of the Strategy easy to understand? (Please X one box only)**

Yes

No

Don't know

**If you have answered 'No' please tell us how you think it can be improved:**

## Improving health and wellbeing in early years

A priority will be to improve health and wellbeing in early years. Every child fit to learn and able to fully develop their potential communication, language and literacy skills. In Derbyshire we will focus on early intervention and identification of vulnerable children and families (including children with disabilities).

### Developmental action:

- Implement a coordinated partnership approach to improving cognitive, physical and emotional development in early years including early literacy, language and numeracy skills (e.g. by contributing to the Derbyshire Family Literacy Strategy, collaborative working with libraries, implementation of the physical development strategy)

### Underpinning actions:

- Continue the roll out of the Health Visitor Implementation Plan and the Family Nurse Partnership, ensuring implementation of evidence-based programmes (such as parenting and family support programmes) are focussed on those who can benefit most
- Strengthen the delivery of evidence-base healthy lifestyles programmes in early years settings
- Expand the range of opportunities to promote wellbeing by further developing existing community resources/projects (e.g. Children's Centres, Forest Schools, Connecting Families)
- Strengthen the help and support available for children with behaviour problems by ensuring that all front-line staff have the right skills and services to work together to deliver appropriate interventions
- Ensure all services are appropriate for children with disabilities by implementing the Children's Trust disability action plan
- Identify children and young people requiring additional resource and deliver effective interventions at the earliest opportunity
- Ensure delivery of robust child protection arrangements

**Q6. Do you think the actions above are the right actions to be included on 'health and wellbeing in early years'** (Please **X one** box only)

Yes

No

Don't know

**Q7. Do you think any additional actions should be included on 'health and wellbeing in early years'** (Please **X one** box only)

Yes

No

Don't know

**If you answered 'Yes' please explain what additional actions should be included:**

## Healthy lifestyles

A priority will be to promote healthy lifestyles by developing services to prevent and reduce harmful alcohol consumption, substance misuse, obesity, physical inactivity, smoking and sexual ill-health. In Derbyshire we will focus on preventing and reducing alcohol misuse, obesity and physical inactivity.

### Developmental actions:

- Develop a coordinated partnership response to local delivery of the National Alcohol Strategy
- Support the development of the 'Making Every Contact Count' project across all partners

### Underpinning actions:

- Develop local strategies and programmes to remove the barriers to healthy lifestyles such as poverty and environmental issues (e.g. healthy eating on a budget/cooking skills, urban greenspace initiatives, Forest Schools, transport initiatives to promote cycling, income maximisation)
- Promote a more coordinated approach to the provision of healthy lifestyle support by strengthening links and referral pathways between different settings and services (e.g. Health Referral scheme; referral to stop smoking and sexual health advice for alcohol misusers)
- Promote opportunities for people to take part in active recreation and sport, including opportunities for particular groups such as people with disabilities
- Develop more healthy lifestyle initiatives specifically designed to suit the needs of particular groups such as older people, Black and Minority Ethnic groups, people with mental health problems, learning disabilities and challenging families
- Improve access to advice and support for young people identified with alcohol and substance misuse problems

**Q8. Do you think the actions above are the right actions to be included on 'healthy lifestyles'**

(Please **X one** box only)

Yes

No

Don't know

**Q9. Do you think any additional actions should be included on 'healthy lifestyles'**

(Please **X one** box only)

Yes

No

Don't know

**If you answered 'Yes' please explain what additional actions should be included:**

## Mental Health and Wellbeing

A priority will be to improve emotional and mental health and provide increased access to mental health support services. In Derbyshire we will focus on improving access to evidence-based primary care psychological therapies and other local services that support recovery from mental health problems.

### Developmental actions:

- Develop equitable primary care psychological therapy service provision across the county
- Develop effective pathways for people with mental health problems to access support services and community facilities aimed at promoting recovery

### Underpinning actions:

- Promote mental health awareness raising/training across all partners in order to promote access to services and reduce stigma and discrimination. This training should reflect the particular needs of specific groups such as people with learning disabilities, speech, language and communications needs, people with dementia, Black and Minority Ethnic groups and lesbian, gay, bisexual, and transgender (LGBT) groups
- Ensure access to a wide range of evidence-based psychological therapy services in Derbyshire based on population need
- Ensure mental health services combine access to employment support to help people remain in or return to work if unemployed
- Increase the range of opportunities for people with mental health problems to access support services and community facilities aimed at promoting recovery (such as education, financial/debt management support and advice, housing, befriending, leisure services, arts and cultural activities, library services, health promotion)
- Develop effective pathways to improve access to Child and Adolescent Mental Health Services aiming to improve the mental and emotional wellbeing of children and families
- Develop mechanisms to improve integration across adult and child mental health services ('Think Family' approach)

**Q10. Do you think the actions above are the right actions to be included on 'mental health and wellbeing'** (Please **X one** box only)

Yes

No

Don't know

**Q11. Do you think any additional actions should be included on 'mental health and wellbeing'** (Please **X one** box only)

Yes

No

Don't know

**If you answered 'Yes' please explain what additional actions should be included:**

## Long term conditions and carers

**A priority will be to promote the independence of all people living with long term conditions and their carers. In Derbyshire we will focus on community based support, self-care and care close to home, including increased use of evidence-based telehealth\* and telecare\*\*.**

### Developmental actions:

- All partners (health, social, independent and third sector organisations) to develop and implement a strategic approach to the management of long term conditions including end of life care. This will include exploring more integrated models of working (including integration with mental health services) and a commitment to strengthening joint commissioning of services
- Progress partnership working across health and social care to explore the most effective use of assistive technologies such as telehealth and telecare

### Underpinning actions:

- Continue to develop information and support self-care training courses and programmes (such as the Living with Long Term Conditions Programme, Pulmonary rehabilitation, cardiac rehabilitation and diabetes education)
- Support arrangements that enable people to remain living independently in accommodation which is safe and suitable for their needs. (e.g. through home care, home maintenance or adaptation or supported move.)
- Ensure high quality care plans are in place to assist people in managing their condition and access appropriate advice and treatment in the right place and at the right time
- Provide people with long-term conditions with advice and interventions which support good mental health
- Promote the use of assistive technologies that are sensitive to the needs of the individual, with appropriate support, and where there is a good evidence-base
- Increase the availability and flexibility of services that are responsive to carers' needs and enable carers to take regular breaks from caring (e.g. short breaks, doing everyday activities such as going shopping, getting a good night's sleep)
- Strengthen the support available for helping with personal, social and health care (e.g. continence services)
- Increase carers' health and wellbeing by providing a range of services to prevent ill health and maintain physical, emotional, financial, and social wellbeing (e.g. befriending schemes)

*\*Telehealth is electronic monitoring equipment that is installed in a patient's home to enable them or their carer to take a set of health measurements on a daily basis*

*\*\*Telecare equipment varies from a pendant alarm, to bed wetting sensors and falls detectors. The equipment is preset to summon help when it is activated*

**Q12. Do you think the actions on the previous page are the right actions to be included on 'long term conditions and carers'** (Please **X one** box only)

Yes

No

Don't know

**Q13. Do you think any additional actions should be included on 'long term conditions and carers'** (Please **X one** box only)

Yes

No

Don't know

**If you answered 'Yes' please explain what additional actions should be included:**

## Older people

**A priority will be to improve health and wellbeing of older people and promote independence into old age. In Derbyshire we will focus on strengthening integrated working between health and social care providers and housing-related support services.**

### **Developmental actions:**

- Develop a coordinated partnership approach to commissioning older people's health, care and housing services
- Develop integrated working and agreed pathways for older and frail elderly people (including end of life care) which take the whole person into account

### **Underpinning actions:**

- Increase awareness of housing and support options for older people
- Increase the range of more specialist types of accommodation for frailer older people and those with specific needs such as dementia (e.g. Specialist Community Care Centres and Extra Care housing)
- All partners ensure that their front-line staff take account of and respond to people's housing conditions when planning care and support
- Promote the lifetimes homes standard
- Strengthen partnership initiatives to reduce fuel poverty
- Enable access to low-level support services such as repair, maintenance and adaptation services that promote independent living (e.g. Handy Van and Trusted Trader schemes)
- Strengthen the provision of coordinated information, advice and advocacy services that promote health and wellbeing (e.g. Health and Wellbeing Zones, Befriending schemes)
- Ensure appropriate safeguarding arrangements are in place for all vulnerable adults
- Continue the implementation of the personalisation agenda

**Q14. Do you think the actions above are the right actions to be included on 'older people'** (Please **X one** box only)

Yes

No

Don't know



**Q15. Do you think any additional actions should be included on 'older people'**

*(Please X one box only)*

Yes

No

Don't know

**If you answered 'Yes' please explain what additional actions should be included:**

**Any other comments**

**Q16. Please provide any further comments on the Health and Wellbeing Strategy below:**

## Further consultation

**Q17. Would you be interested in taking part in further consultation on Health and Wellbeing?**

Yes

No

**Q18. If you would like to be involved in further consultation please provide your contact details below:**

**First Name**

**Surname**

**Organisation** (if applicable)

**Title:** (Please **X one** box only)  Mr  Mrs  Ms  Miss  Other (Please **X** and specify)

**Address**

**Postcode**   **Telephone number**

**Please enter your e-mail address below**

## Demographics

We would be grateful if you could provide us with the information below to allow us to identify the priorities for different demographic groups and communities.

**Q19. Are you male or female?**  Male  Female

**Q20. What was your age on your last birthday?** (Please specify age in years)    Years

**Q21. To which of these groups do you consider you belong?** (Please **X one** box only)

- White - British  Black/Black British  
 White - Other  Asian/Asian British  
 Mixed  Other (Please **X** and specify)

**Q22. Do you consider yourself disabled?** (Please **X all** boxes that apply)

- No  Yes, affecting vision  Other (Please **X** and specify)  
 Yes, affecting mobility  Yes, a learning disability  
 Yes, affecting hearing  Yes, mental health needs

**Thank you for taking time to complete this questionnaire**